

March 2026 KSI Lunch* Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2. Tuna Melt WG Wheat Bread Topped with Homestyle Tuna Salad and Yellow American Cheese. Served with Cole Slaw, Diced Peaches, and Fat Free Chocolate Milk	3. Ham BLT WG Wheat Bread Filled with Layers of Sliced Ham, Cheddar Cheese, Turkey Bacon, Lettuce, and Tomato. Served with Macaroni Salad, Mandarin Oranges, and Fat Free Chocolate Milk	4. Chicken Cheesesteak Potato Loaded Baked Potato Stuffed with Shaved Chicken, Peppers, Onions, White American Cheese. Served with a WG Dinner Roll, Mixed Fruit, and Fat Free Chocolate Milk	5. Chicken Ravioli Five Cheese Ravioli Topped with Grilled Chicken, Pink Sauce, Mozzarella Cheese. Served with WG Texas Toast, Diced Pears, and Fat Free Chocolate Milk	6. Breakfast for Lunch Scrambled Eggs Topped with Shredded Cheddar Cheese. Served with Potato Tots, Turkey Sausage Links, a WG Cinnamon Biscuit, Mixed Berries, and Fat Free Chocolate Milk
9. Meatball Subs Three All Beef Meatballs Stuffed inside a WG Hot Dog Bun Tossed in a Rustic Tomato Sauce, Topped with Shredded Mozzarella. Served with Potato Salad, Mixed Fruit, and Fat Free Chocolate Milk	10. Chicken Stir-Fry Diced Chicken Mixed with Broccoli, Carrots, Onions, and Bell Peppers, Tossed in a Teriyaki Sauce. Served Over WG Brown Rice with Mandarin Oranges, and Fat Free Chocolate Milk	11. Bangers & Mash Sliced Italian Sausage Served Over Creamy Mashed Potatoes, Caramelized Onions, Topped with A Rich Beef Gravy. Served with Glazed Carrots, Diced Peaches, a WG Dinner Roll and Fat Free Chocolate Milk	12. Sloppy Joes WG Hamburger Bun Stuffed with Ground Beef in a Rich Tomato Sauce, Topped with Shredded Cheddar Cheese. Served with Potato Tots, Cole Slaw, Diced Pineapple, and Fat Free Chocolate Milk	13. Chicken Caesar Wraps WG Tortilla Stuffed with Shredded Lettuce, Grilled Chicken, Shredded Parmesan, Garlic and Herb Croutons. Served with Ceaser Dressing, Mixed Berry Apple Sauce, and Fat Free Chocolate Milk
16. Crispy Fish Sandwich Crispy Fish Filet Sandwich Served with Crinkle Cut French Fries, on a WG Hamburger Bun, Tartar Sauce, Cole Slaw, Mixed Berry Apple Sauce, and Fat Free Chocolate Milk	17. Shepard's Pie Ground Beef Topped with Peas, Carrots, and Corn, Mashed Potatoes, Shredded Cheddar Cheese. Served with a WG Dinner Roll, Mixed Fruit, and Fat Free Chocolate Milk	18. Sweet & Sour Chicken WG Brown Rice Topped with Garlic Broccoli, Crispy Popcorn Chicken Tossed in a Housemade Sweet & Sour Sauce. Served with Diced Pineapple and Fat Free Chocolate Milk	19. Ham & Cheese Sliders Three WG Hawaiian Rolls Filled with Sliced Ham, Provolone Cheese. Brushed with a Garlic Butter. Served with Potato Salad, Diced Peaches, and Fat Free Chocolate Milk	20. Baked Ziti Corkscrew Pasta Tossed with a Rustic Tomato Sauce, Ground Beef, Ricotta Cheese, all topped with Fresh Mozzarella Cheese. Served with WG Texas Toast, Cinnamon Apple Sauce, and Fat Free Chocolate Milk
23. Chicken & Waffles Three WG Waffle Sticks Topped with Popcorn Chicken. Served with Sugar Free Syrup, Diced Strawberries, Blueberries, and Fat Free Chocolate Milk	24. Swedish Meatballs WG Egg Noodles Topped with a Rich Brown Gravy, and All Beef Meatballs Served with Roasted Root Vegetables, Mixed Fruit, and Fat Free Chocolate Milk	25. Taco Baked Potato Loaded Baked Potato Stuffed with Taco Meat, Diced Tomatoes, Shredded Cheddar Cheese. Served with Sour Cream, WG Dinner Roll, Diced Pears, and Fat Free Chocolate Milk	26. Meat Lovers Pizza WG Personal Pan Pizzas Topped with Pepperoni, Crumbled Italian Sausage, and Mozzarella Cheese. Served with Cole Slaw, Diced Peaches, and Fat Free Chocolate Milk	27. Egg Salad Sandwich WG Wheat Bread Topped with Housemade Egg Salad. Served with a Small Side Salad of Lettuce, Tomato, Shredded Cheddar, and Choice of Dressing as well as Mandarin Oranges, and Fat Free Chocolate Milk
30. Loaded Turkey Wraps WG Tortilla Filled with Sliced Turkey, Cheddar Cheese, Turkey Bacon, Mixed Greens, Tomato. Served with Potato Salad, Mixed Fruit, and Fat Free Chocolate Milk	31. Chicken Parm Sandwich WG Hamburger Bun Filled with A Chicken Cutlet Topped with a Rustic Tomato Sauce, Mozzarella Cheese. Served with Crinkle Cut Fries, Diced Pears, and Fat Free Chocolate Milk	1. Homestyle Meatloaf	2. Chicken Salad Wraps	3.

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KSI is an equal opportunity provider